

The Buxton* Munch Co.

Serving You Since 1999

"A Groovy Little Place With A Whole Lotta Taste!"



www.buxtonmunch.com / (252)995-5502 / Facebook

Welcome to The Buxton Munch Company! Serving You Since 1999.

Nothing fancy. Just Good Fresh Food served up the Old School Way.

House Rules >>>> Be Happy. Be Nice. Be Patient. Be Mellow.

We are NOT a Fast Food joint. Everything is prepared Fresh to Order.

(Two people are cooking your food in our tiny kitchen. So be patient.)

Food Allergies??? ~ Please let us know right away so we are prepared.

No separate checks on parties of 5 or more.

Gratuity is automatically added to parties of 6 or more.

The Buxton Munch Co. (252) 995-5502 --- Serving You For **(24)** Years!

"SOUP-PERB" = Homemade SHRIMP CORN CHOWDER! Cup \$4.99 / Bowl \$8.99

BIG FRESH FRUIT BOWL! = Berries, Grapes, Melons \$5.49



Sweet Tooth **Treats!** = Home-Baked Cookies / Dessert-of-the-Day

BEST * FISH * TACOS Blackened-Spicy or Old Bay Grilled



ROLL YOUR OWN TACOS with (4) Tortillas ~ (soft flour or corn tortillas)

Comes w/ ALL THIS > Cheddar Cheese + Roma Tomatoes + Red Onions + Fresh Spring-Mix + Rice + Black Beans PLUS + Sides of our Homemade Salsa & Homemade Fish Taco Sauce! \$16.99

BEST * SHRIMP * TACOS "Shrimply Irresistible!"

CHOOSE >> Skewered Grilled Spicy-Blackened -Or- Old Bay Grilled -Or- Fried SHRIMP

ROLL YOUR OWN TACOS with (4) Tortillas ~ (soft flour or corn tortillas)

Comes w/ ALL THIS > Cheddar Cheese + Roma Tomatoes + Red Onions + Fresh Spring-Mix + Rice + Black Beans PLUS + Sides of our Homemade Salsa & Homemade Taco Sauce! \$16.99

***FAJITA GRILLED CHICKEN TACOS!** plus all the same tasty taco fixings listed above! \$15.99

***FRIED FLOUNDER TACOS!** plus all the same tasty taco fixings listed above! \$15.99

TODAY'S FISH = Fish Today! - Choose: Old Bay Grilled or Spicy Blackened Grilled

WRAP = Big Tortilla w/ Spring-Lettuce-Mix, Tomato, Cheddar + sides Lemon & Tartar!...\$14.99

SANDWICH = Big Fillet on 8" Sub Roll w/ Leaf Lettuce & Tomato + Lemon & Tartar!...\$14.99

BIG SALAD = So Fresh & Cool in a Big Edible Tortilla Bowl + Choice of Dressing! ...\$14.99



NEW! > GRILLED SHRIMP WRAP! Choose > Old-bay -OR- Spicy Blackened

You asked for it, so we got it! Super Tasty Grilled SHRIMP - either Old-Bay OR Spicy-Blackened with Spring-Mix, Tomatoes, Cheddar and your choice of Tartar or Cocktail or Bang-Bang Sauce on the side!...\$14.99

***CRABBY AVOCADO WRAP** \$15.99 **100% Real CRABMEAT & AVOCADO!**

Our yummy Crabby Pattie goes beautifully with healthy tasty Avocado! In a huge Tortilla with Spring-Mix Lettuce, Roma Tomatoes, shredded Cheddar and spritzed with Balsamic Vinaigrette! (this is just too good!)

***CRABBY JAMAICAN** \$14.99 **So tasty with a Crabby Little Kick of Sweet Tropical Heat!**

So one day we dumped some of our fabulous Jamaican-Jerk Sauce on top of a Crabby Pattie, and WHOA! "Sweet-N-Spicy Island Heat" with our 100% Real Crabmeat Crabby Pattie! Specify > SANDWICH or WRAP

***CRABBY WRAP** \$14.99 **CRAB MEAT is high in Lean-Protein*Calcium*Potassium*VitaminB-12*Iron!**

Same gorgeous big Cake O' Crab mentioned above, in a big Tortilla with Spring-Lettuces, Tomatoes & Cheddar-jack cheese! A very yummy way to try our best-selling wrap! = 100% REAL CRABMEAT!!! Eat Real. Eat Fresh.

***CRABBY PATTIE SANDWICH** \$14.99 **Local & Visitor Favorite for (24) YEARS!**

Our large, grilled 100% Real-Crabmeat-Crabcake served on a Kaiser roll with fresh Leaf Lettuce, Roma Tomato & our homemade Cocktail Sauce or Tartar Sauce on the side + fresh Lemon!... "you've hit the mother-lode of Crabmeat!"

***Yellowfin TUNA SALAD** = Melt on NY Roll or Multi-Grain - OR - Kickin' Tuna Wrap w/ Jalapenos \$12.99 each

***Fried SEAFOOD BASKETS** = Choose: Oyster + Fries / Shrimp + Fries / Flounder + Fries \$11.99 ea.

BEST * FISH * TACOS! -- Or SHRIMP! Or CHICKEN!

Roll your own Tacos with (4) Tortillas! CHOOSE > Grilled OR Blackened FISH of the DAY
PLUS Freshly Prepared > Black Beans, Rice, Red Onions, Tomatoes, Cheddar-jack Cheese,
Spring Mix Lettuce Blend + sides of our Homemade Fish Taco Sauce and our Homemade Salsa!
All this Grooviness comes to You on (2) Separate Plates! This is our # 1 Best-Seller for sure!
If you aren't into Today's Fish you may want to try: (Sorry, No Combos)
Grilled/ Blackened/ Fried SHRIMP TACOS! -Or- Fried FLOUNDER -Or- FAJITA CHICKEN TACOS!

Crazy Good Meal-Size QUESADILLAS !!!

Quesadilla is Served with Our Salsa & Sour Creme! ~ Page 4 has add-on Side Dishes

***THE MERMAID QUESADILLA**

100% Real Crabmeat + Shrimp with Fresh Ripe Roma Tomatoes & Cheddar Cheese! \$14.99

***CAJUN SHRIMP & AVOCADO QUESADILLA**

Spicy Cajun Shrimp, Avocado, Roma Tomatoes & melted Cheddar! \$13.99

***PHILLY CHEESE QUESADILLA**

Grill-seared Philly-Steak, Grilled Onions, Sweet Bell Peppers, Cheddar & Monterey-jack! \$12.99

***JAMAICAN GUACAMOLE QUESADILLA**

Spicy Jamaican-Seasoned Chicken Breast, Guacamole, Black Beans, Corn, Cheddar! \$12.99

***HOT LIPS QUESADILLA**

Spicy Chicken Breast, Jalapeno Peppers, Red Onions with Hot Thai Sriracha Sauce! \$11.99

***COWBOY QUESADILLA**

Chicken Breast, Black Beans, Jalapenos, our Homemade Salsa and Cheddar-jack! \$11.99

***AVOCADO GARDEN QUESADILLA**

Avocado, Tomatoes, Onions, Olives, Corn & Cheddar-jack! \$11.99

***CAPRESE QUESADILLA**

Fresh Mozzarella, Roma Tomatoes, Basil Pesto, Cheddar! \$10.99

***CREATE-YOUR-OWN-QUESADILLA Served with our Salsa & Sour Creme**

CHEESE QUESADILLA \$8.99

HAM & CHEESE \$9.99

CHICKEN & CHEESE \$9.99

TACO-BEEF & CHEESE \$9.99

BACON & CHEESE \$9.99

SHRIMP & CHEESE \$12.99

***QUESADILLA ADD-ONS > Choose your Additional Items:**

65cents ea: Onions, Jalapenos, Corn, Olives, Black Beans

85cents ea: Mushrooms, Tomatoes, Bell Peppers

\$1.50-Small / \$3.00-Large >> Add Avocado -OR- Add Guacamole

65cents each: When you add >> Extra Sides of our Salsa and/or Sour Creme

NO SEPARATE CHECKS FOR PARTIES OF 5 or MORE. -- Gratuity is added to parties of 6 or more.

GOURMET WRAPS ~ or ~ (BOWLS for Gluten-Free)

"HOME of the FIRST WRAPS on Hatteras Island! Serving You Since 1999! Thank You!

SEAFOOD DELIGHTS - Page 4 has Yummy Add-on Side Dishes!

- CRAB AVOCADO WRAP** - Crabby-Pattie, Avocado, Tomato, Cheddar, Spring-Lettuce-Mix, Balsamic Vinaigrette - \$15.99
CRABBY WRAP - Our Crabby-Pattie with Tomato, Cheddar, Spring-Lettuce-Mix and choice of Cocktail or Tartar on the side - \$14.99
GRILLED SHRIMP WRAP - Old-Bay Grilled OR Spicy-Blackened - Spring-Mix, Tomato, Cheddar, Tartar / Cocktail / Bang \$14.99
BANG-BANG SHRIMP - Fried Shrimp, Spicy-Bang-Bang Sauce, Jalapenos, Tomato, Spring-Mix, Cheddar-jack - 13.99
BUFFALO SHRIMP - Fried Shrimp, Tomato, Cheddar-jack, Spring-Lettuce-Mix, Sauced w/ Spicy New York Buffalo Sauce! - 13.99
BLACKENED or GRILLED FISH WRAP - Fish-of-Day with Roma Tomato, Cheddar, Spring-Lettuce-Mix + Tartar - \$14.99
Fried FLOUNDER WRAP - Fried Flounder, Cheddar, Roma Tomato, Spring-Lettuce-Mix + Tartar & Lemon - \$13.99
KICKIN'TUNA SALAD WRAP - Homemade Yellowfin Tuna Salad, Jalapenos, Tomato, Cheddar, Spring-Mix - 12.99

PREMIUM WRAPS \$11.99 each - Page 4 has Yummy Add-on Side Dishes!

- PRIME RIB & MUSHROOM** - Grill-Seared Prime Rib, Mushrooms, Horse-mayo, Cheddar, Tomato, Spring-Lettuce-Mix
GREEK GYROS - Greek Beef/Lamb, Cucumbers, Red Onions, Olives, Feta, Cheddar, Tomato, Spring-Mix, & our Tzatziki Sauce
CLUB WRAP - Turkey-Breast, Virginia-Ham, Smokehouse-Bacon, Cheddar, Spring-Lettuce-Mix, Tomato, Mayo
SOUTHERN CALIFORNIA - Turkey, Avocado, Bacon, Cucumber, Tomato, Spring-Mix with Sweet Chili Sauce
TURKEY BACON CHEDDAR RANCH - Turkey, Bacon, Cheddar, Roma Tomato, Spring-Lettuce-Mix & Homemade Ranch
CHICKEN FRITTER WRAP - Crispy-Golden-Fried Chicken Breast, Cheddar, Roma Tomato, Mayo, Spring-Lettuce-Mix

SPEECEY-SPICY CHICKEN WRAPS \$10.99 each - Page 4 has Add-On Dishes!

- THAI SRIRACHA WRAP** - Chicken Breast, Rice, Cheddar, Spring-Lettuce-Mix with Spicy Thai Sriracha Sauce
JAMAICAN-ME-CRAZY - Chicken Breast, Black Beans, Corn, Tomato, Cheddar, Spring-Mix in Spicy Jamaican Sauce
RANCHERO WRAP - Chicken Breast, our Spicy-Ranch, our Salsa, Black Beans, Cheddar, Spring-Lettuce-Mix
CHIPOTLE WRAP - Chicken Breast, Ancho Chipotle Sauce, Black Beans, Corn, Red Onions, Spring-Lettuce and Cheddar
RASPBERRY WRAP - Chicken Breast with a "Sweet Heat" Raspberry Chipotle Sauce, Spring-Lettuce-Mix, Tomato, Cheddar
CHILI PEPPER WRAP - Fried Chicken Tenders, Cucumber, Onion, Rice, Cheddar, Spring-Mix, Sweet Chili Pepper Sauce
"BUFFALO" CHICKEN WRAP-MED / HOT - Fried Chicken Tenders, our Smoky BBQ Sauce, Tomato, Cheddar, Spring-Mix

CHICKEN WRAPS \$10.99 each - Page 4 has Yummy Add-On Dishes!

- CHICKEN RANCH** - Our Very First Wrap in 1999! Chicken Breast, Homemade Ranch, Cheddar, Tomato, Spring-Lettuce-Mix
CAESAR CHICKEN - Chicken Breast, sauced with our own Caesar, Smokehouse-Bacon, Cheddar, Spring-Lettuce-Mix
CHICKEN MUSHROOM - Chicken Breast, Grilled Mushrooms, our Ranch, Cheddar, Roma Tomato, Spring-Lettuce-Mix
HONEY MUSTARD CHICKEN - Tender Chicken Breast, Spring-Lettuce-Mix, Tomato, Cheddar & Honey Mustard Sauce
BBQ CHICKEN - Chicken Breast, our Smoky Backyard BBQ Sauce, Roma Tomato, Cheddar, Spring-Lettuce-Mix
CHICKEN BACON RANCH - aka "Michelle's Wrap" - with Cheddar, Spring-Lettuce-Mix - but NO TOMATOES!

VEGETARIAN WRAPS - \$9.99 each - Page 4 has Yummy Add-On Side Dishes!

- VEGGIE WRAP** - Seasonal Veggies > Cucumbers, Beans, Tomatoes, Onions, Olives, Peppers, Corn, Spring-Mix in Balsamic
HIPPY CHICK HUMMUS - Roasted Red Bell Pepper Hummus, Black Beans, Rice, Tomato, Cheddar, Spring-Lettuce-Mix
BLACK BEAN & SALSA - Black Beans, our Homemade Salsa, Rice, Spring-Lettuce-Mix, Cheddar - w/ side fresh Sour Creme

NO SEPARATE CHECKS FOR PARTIES OF 5 OR MORE. -- (Gratuity is automatically added to parties of 6 or more.)

BIG BURGERS -- **Fresh Daily Hand-Pressed Angus Patties!**

Served on a Big Fresh Oven-Toasted Roll -- Page 4 has add-on Side Dishes!

BIG HAMBURGER \$8.99

BIG CHEESEBURGER \$9.99

BIG BITE ME BURGER Cajun-Seasoned with Jalapenos & Provolone \$9.99

BIG SWISS MUSHROOM BURGER \$10.99

BIG BACON CHEESEBURGER \$10.99

BIG BBQ BACON CHEDDAR BURGER \$10.99

(What Toppings Would You Like? : Lettuce, Tomato, Mayo, Pickle, Onion, Ketchup, Mustard)

SANDWICHES - *Page 4 has Yummy Add-on Side Dishes!*

CRABBY PATTIE CRABCAKE - 100% REAL FRESH CRABMEAT - #1 since 1999

Served on a Big Artisan Roll with Lettuce, Tomato + choice Tartar or Cocktail Sauce on the side! - \$14.99

GRILLED /BLACKENED FISH of the DAY

Served on our 8" French Stick Sub Roll with Lettuce, Tomato and choice of Tartar or Cocktail - \$14.99

PO'BOY SUB -- Choose One > Fried Oysters / Fried Shrimp / Fried Flounder

Lettuce, Tomato, Pickles & choice of Tartar, Cocktail or Bang-Bang Sauce! (no combos) \$13.99 each

YELLOWFIN TUNA SALAD MELT

Served on choice of Grilled Multi-grain or Artisan Roll, Lettuce, Tomato & mmmelted Cheese! \$12.99

SWISS TURKEY MELT

Lean Deli Turkey Breast on choice of Grilled Multi-grain or Artisan Roll w/ Lettuce, Tomato, Mayo \$9.99

CHICKEN BREAST SANDWICH

Choose Grilled OR Blackened-Grilled -- on a big Artisan Roll with Lettuce & Tomato & Mayo \$9.99

HAM & SWISS MELT

Lean cuts of Deli Ham on a Artisan Roll with Fresh Lettuce, Tomato, Mayo and Spicy-Mustard \$9.99

8" OVEN-TOASTED SUBS - *Page 4 has Yummy Add-on Side Dishes!*

FRENCH DIP SUB

Our 8" French Stick Sub Roll is well-stuffed with grill-seared Roast Beef, grilled Onions, mmmelted Provolone Cheese and comes with a dish of our Au-Jus Sauce for Dippin' and Grinnin'! \$12.99

CLUB SUB

Turkey Breast, Smokehouse-Bacon, Virginia-Ham, Spring-Lettuce-Mix, Tomato, Mayo and mmmelted Provolone Cheese. Wanna join the Club? The Password is TASTY! \$12.99

TURKEY SUB

Fresh lean Turkey Breast, Smokehouse-Bacon, Tomato, Mayo, Spring-Lettuce-Mix & mmmelted Swiss Cheese on our 8" French Stick Sub Roll. Caution: May cause you to Gobble,Gobble,Gobble! \$12.99

PHILLY CHEESESTEAK SUB

Grilled-seared, chopped Roast Beef, grilled Onions, Sweet Peppers, Tomato, Spring-Lettuce-Mix, Mayo and mmmelted Provolone Cheese. Oh. My. Gosh. \$12.99

***SOUP / APPS / SALADS / Add-On SIDE DISHES**

***SOUP-ERB!** = Our **SHRIMP CORN CHOWDER** Cup \$4.99 / Bowl \$8.99

Fried SHRIMP or OYSTERS • choice Dip \$8.99 **ONION RINGS** (beer-batter) • Ranch \$5.99
CHEESE STIX • Marinara Dip \$5.99 **ONION STRAWS** • Texas Petal Sauce \$3.99
CHICKEN TENDERS • choice Dip \$5.99 **Fried MAC-N-CHEESE** • Ranch \$4.99
JALAPENO POPPERS • Spicy Dip \$5.99 **Fried DILL PICKLES** • Ranch \$4.99

FRESH SIDE SALAD \$5.49 (Ranch, Italian, Caesar, Honey Mustard, Asian Sesame Ginger, Balsamic Vinaigrette)

FRESH FRUIT BOWL (Seasonal) \$5.49

SWEET POTATO WAFFLE FRIES \$3.99 (Dusted with Cinnamon-Sugar)

HOMEMADE CHIPS & SALSA \$2.99 (Comes with (1) Salsa) - Original Cheddar-Jalapeno or Corn Chips

FRENCH-FRIES \$2.49

HOMEMADE TORTILLA CHIPS & HOMEMADE SALSA:

ORIGINAL CHEDDAR-JALAPENO - OR - GLUTEN-FREE CORN

Chips for One - basket w/ (1) Salsa \$2.99 Chips for 3 - basket w/ (3) Salsas \$5.99

Chips for Two - basket w/ (2) Salsas \$4.99 Chips for 4 - basket w/ (4) Salsas \$6.99

BIG * SALADS Ranch / Italian / Caesar / Honey Mustard / Asian Sesame Ginger / Balsamic Vinaigrette

In our Large Homemade Edible Tortilla Bowls! ---> For Gluten-Free, Order Salad on a Plate.

BIG LARGE HOUSE SALAD

Spring-Lettuce-Mix + Cucumber, Tomato, Onion, Cheddar, Choice Dressing \$9.99

BIG SEA-ZAR SALAD (Buxton*Munch*Style)

Spring-Lettuce-Mix, Smokehouse-Bacon, Cheddar & our Caesar Dressing! \$9.99

BIG MEXICAN TOSTADOS SALAD

Spring-Lettuce-Mix, Black Beans, Rice, Tomato, Cheddar, Homemade Salsa & Sour Creme \$9.99

ADD ONE of these PROTEINS to your BIG SALAD

Grilled or Blackened **CHICKEN BREAST** On Choice of **BIG SALAD**=\$12.99

Grilled or Blackened **FISH** On Choice of **BIG SALAD**=\$14.99

Fried **OYSTERS** On Choice of **BIG SALAD**=\$14.99

Grilled / Blackened / Fried **SHRIMP** On Choice of **BIG SALAD**=\$14.99

Grilled **CRABBY PATTIE CRABCAKE** On Choice of **BIG SALAD**=\$15.99

KIDS' STUFF

Cheese Quesadilla	\$8.99	Fresh Fruit Bowl	\$5.49
Chicken & Cheese Quesadilla	\$9.99	1/4 lb. Hamburger	\$4.49
Chicken Tenders (3pc)+dip	\$5.99	1/4 lb. Cheeseburger	\$4.99
Chicken Nuggets (6pc)+dip	\$3.99	Grilled Cheese on White	\$2.99
Chicken Nuggets (9pc)+dip	\$4.99	Grilled Cheese on Wheat	\$3.99

*NO SEPARATE CHECKS FOR PARTIES OF 5 OR MORE. — Gratuity is automatically added to parties of 6 or more.

DRINKS

Home-Brewed SWEET TEA - (Brewed Fresh Daily!) \$2.59 + Free Refills

Home-Brewed ICED TEA - (Unsweet Brewed Daily!) \$2.59 + Free Refills

COUNTRY~TIME~LEMONADE (20 oz) \$2.99

SNAPPLES \$2.89

Kiwi-Strawberry / Snapple Apple / Peach Tea / Diet Peach Tea

ARIZONA TEA \$2.89

GREEN TEA with Ginseng & Honey

WATER

Bubbly Water (with Ice & Lemon) \$1.59

Bottled SPRING Water \$1.99

SODA POP

\$2.89 + Free Refills

Coke / Diet Coke / Root Beer / Mr. Pibb / Sprite

*All Natural EXTRA GINGER BREW (Non-alcoholic Ginger Ale) ~ Bottle ~ \$2.99

BEER

Budweiser / Bud Light / Michelob Ultra \$3.99

Fat Tire / Blue Moon / Yuengling \$4.99

Hoppyum / Stella Artois / VooDoo Ranger \$4.99

Corona Extra / Corona Light \$4.99

Gluten-Free Drink Options:

*WHITE CLAW Hard Seltzer (Mango / Black Cherry / Raspberry) \$4.99

*ANGRY ORCHARD Hard Apple Cider \$4.99

WINE (Robert Mondavi Label - by the Glass)

Pinot Grigio \$4.99

Chardonnay \$4.99

Merlot \$4.99

Cabernet Sauvignon \$4.99